

TUTOR SPOTLIGHT

NANCY O' DONOHUE

My earliest memory is sitting in my second grade class listening to a lesson about the human body. When the teacher said scientists had determined that humans only use 10% of their brain capacity [the belief at the time], I made a decision right then and there to learn to use 100% of my brain in my lifetime. As a result I've been a spiritual seeker and student of human potential my entire life.

I studied healing for over 35 years with Native American elders and apprenticed with Muskogee Creek Native American healer Marcellus "Bear Heart" Williams, learning many of his medicine ways. His teachings were such an inspiration and help to me that, under the pen name Molly Larkin, I co-authored the story of his life and teachings: *The Wind Is My Mother; The Life and Teachings of A Native American Shaman*, which has been translated into eleven languages. It is still in print after 25 years.

When it came time to further develop my skills, I found Spiritual Healing and The Healing Trust. I've been teaching Spiritual Healing classes around the U.S. since 2008. And we tutors here in the U.S. read excerpts from *The Wind Is My Mother* in our classes because the principles of healing are the same!

Horses and pets are part of my practice ; I took Margrit Coates' Masterclass in Healing for Horses in Canada around 12 years ago.

I have also written a number of articles on energy healing in such U.S. publications as *Healing Today*, *Healing Garden Journal*, *Natural Awakenings*, *Holistic Horse* and *Natural Horse*. My other books are *The Fountain of Youth Is Just A Breath Away*; *Breathing Exercises for Relaxation, Health and Vitality* AND *Meditations on the Natural World*; *A Guided Journal to Find the Technique That's Right For You*



My author website,
www.MollyLarkin.com

includes my blog:
Ancient Wisdom for Balanced Living.



My healer website is
SacredLotusHealing.org

I'm so very excited to be a part of
The Healing Trust!

