

The eye issue was of greatest concern to him. He could no longer read or drive, and could only see faces with peripheral vision.

He was diagnosed by an ophthalmologist as having had a stroke of the optic nerve in both eyes, which may have been the result of either diabetic eye disease or arterial blockage. They said the chance of his vision returning was next to nil.

Paul enjoyed our first healing session, and found it very relaxing, so he committed to three more.

A year and over 20 sessions later, he has regained his eyesight and the artery that was 50% blocked cleared with no allopathic intervention. He did also take a supplement for eye health (Bausch + Lomb Areds 2) that was recommended by his chiropractor.

Paul's medical doctors are amazed at his progress.

Here is the progression of Paul's improvement:

February 2017: on his second visit, he reported that he felt a more positive attitude after our first session.

March 2017: by his third session,

he'd noticed a slight improvement in his vision, and was able to make out more of people's faces. Also, his platelets had increased so he was able to have surgery on his blocked right carotid artery, which was 97% blocked at the time. His left carotid artery was approaching 50% blockage.

May 2017: at his 13th session, he reported he'd gone to a retina specialist who felt he'd basically had a stroke of his retina and was not likely to regain his sight. But what Paul said to me was: "I never take no for an answer".

September 2017: as of his 21st session, seven months after he started receiving healing, he could see well enough to drive his car to my office, with his wife in the passenger seat. Up until now, she had driven him to all of our sessions.

October 2017: by his 22nd session, he drove to my office by himself. A day to celebrate!

November 2017: Paul reported he'd seen his surgeon for a checkup and she was astounded at his improvement. Aside from his vision returning, his left artery was clear, after having been 50% blocked at his last checkup. She asked what he had done and he just smiled.

His eyesight is now almost 20/20.

Paul continues his healing sessions with me, feeling that as we've now taken care of the big challenges, it's time to take care of the rest!

I have never worked with one client for such a long period of time and I'm thrilled with the progress that is possible with spiritual healing, particularly when the client is so committed to their own healing process.

It also reminds me that healing is a partnership between the healer and the client, working together to improve outcomes.

Indeed, perseverance furthers.

Nancy O'Donohue is a healer member and tutor for The NFSH Healing Trust living and teaching in the United States. Under her pen name Molly Larkin, she authored 'The Fountain of Youth Is Just a Breath Away; Breathing Exercises for Relaxation, Health and Vitality' and is the co-author of the international best-seller 'The Wind Is My Mother; the Life and Teachings of a Native American Shaman'. Nancy blogs about Ancient Wisdom for Balanced Living at www.mollylarkin.com. Her healer website is www.lakeshorehealing.com